

Dear Meriden-New Britain-Berlin YMCA member:

As a member of the Y, you're committing to more than simply becoming healthier. You are supporting the values and programs that strengthen our community. We are thankful for our members, volunteers and donors for making this possible. Here are some of the highlights of how the MNBBY served our community last year. The MNBBY:

- Provided over \$1,235,498 in scholarships for membership and programs (no one is turned away for inability to pay for those who demonstrate need)
- Employed 837 people and provided disadvantaged Meriden Youth with summer job opportunities so that they may learn valuable employment skills in their first job
- Provided outdoor fun, adventure and friendship at Mountain Mist and Camp Thundermoon
- Expanded our high quality affordable child care offerings for working families
- Kept members active, healthy and connected to improve their mind, body and spirit
- Introduced new programs for adults including Salsa Lessons, Adult Painting and Brain Gym in Meriden, Belly Dancing in New Britain, and Pickleball in both locations
- · Taught children and adults the lifesaving skill of swimming
- Provided youth and adult sport lessons and leagues
- Fostered creativity through arts, dance and STEM programs
- Provided our Child Watch babysitting service at no extra charge to our full members with family memberships
- Distributed and delivered over 500 holiday to-go meals on Thanksgiving Day and again on Christmas Day plus gave out toys from Santa
- Housed over 80 men in our Hart House Member-In-Residence Program and provided holiday meals for them.

Our Y improved facilities with assistance from community grants, AMR funds, and donations. The pool deck was replaced at the YMCA Mountain Mist Outdoor Center and the Meriden Y fitness center was updated with new equipment. The Meriden YMCA's roof will be replaced in 2023. Funding was secured for facility renovations at the New Britain YMCA including air conditioning upgrades and energy efficient window replacement in an attempt to support health safety and implement cost-savings on gas and electricity for the YMCA.

To continue to serve our community with the best possible programs and services and address the rising cost of operations and minimum wage increase, some membership fees will increase effective February 1, 2023. Please see page two for more information. Silver Sneakers, Silver and Fit, and Renew Active memberships are not affected.

We value you as a member and look forward to seeing you continue your healthy habits. Together we build a better community.

Best wishes to you and your family for a Happy Healthy New Year,
John Benigni, CEO, Meriden-New Britain-Berlin YMCA
Steve Markoja, Chief Operations Officer, Meriden-New Britain-Berlin YMCA
Marci Moskal Branch Executive Director, New Britain-Berlin YMCA

MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.



Meriden YMCA Membership Prices Effective February 1, 2023

Membership Type	Fee	Joiner's fee
Adult* 18 years and older	\$50 per month	\$36
Household* Two adults and dependents up to age 18, and full time college students up to age 23	\$72 per month	\$36
One Adult Household* One adult and dependents up to age 18 and full time college students up to age 23	\$58 per month	\$36
Senior Adult* One adult, 62 years and older	\$40 per month	\$36
Senior Household* Two adults, 62 years and older	\$56 per month	\$36
Youth Full Member ** Pre-K to Grade 8	\$15 per month	\$16
Student** High School, or College Student with 12 credits/semester with valid college id	\$26 per month	\$16
Youth Program Member This is a basic membership which allows you to register for programs at the program membership rates.	\$50 per year	\$0
Adult Program Member This is a Basic membership which allows you to register for programs at the program membership rates.	\$85 per year	\$0
Military Active Duty	See Carmen	\$0
Military Reserves and Veterans Individual	\$25 per month	\$0
Military Reserves and Veterans Family	\$45 per month	\$0
CrossFit Meriden Adult (Includes CrossFit and Y)	\$122 per month	\$0
CrossFit Meriden Military/Veteran/First Responder (Includes CrossFit and Y)	\$100 per month	\$0
Family + 1 CrossFit (Includes CrossFit and Y)	\$144 per month	\$0
Family + 2 CrossFit (Includes CrossFit and Y)	\$222 per month	\$0
College Student CrossFit (Includes CrossFit + Y)	\$80 per month	\$0
High School CrossFit (Includes CrossFit + Y)	\$45 per month	\$0

- A photo id is required to open a gym membership. Monthly memberships will be auto drafted out of a credit or debit card account.
- Guest passes are \$15 per person. Guests must come with a Meriden YMCA member. One guest per Meriden YMCA member.
 The Meriden YMCA reserves the right to limit guest pass sales.
- Try CrossFit! Call Carrie at 203.440.1925 for more information.

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