



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Indoor Pool Schedule

Monday through Thursday

5:00 - 9:00 a.m. lap swim

9:00 - 10:00 a.m. Aqua Aerobics with 2 lanes lap swim

10:00 - 8:45 p.m. some lap lanes available

3:00 - 7:00 p.m. open swim

Friday

5:00 a.m. - 5:45 p.m. lap swim

3:00 - 5:45 p.m. open swim

Saturday

7:00 - 9:00 a.m. lap swim

9:00 a.m. - 2:00 p.m. closed for swim lessons

Sunday

7:00 - 11:45 a.m. some lap lanes available

10:00 - 11:45 a.m. open swim

* Number of lap lanes will vary depending on open swim and private lesson times

MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.

MERIDEN YMCA

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