



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

December 2019

Dear Meriden YMCA member,

As a member of the Y, you're committing to more than simply becoming healthier. You are supporting the values and programs that strengthen our community. The support of our members, volunteers and donors makes this possible and we are very thankful for you. Here are some of the 2019 highlights of the Meriden YMCA's community work:

- Provided over 410 campers per day with the opportunity for outdoor fun and friendship during ten weeks of summer camp (over 45% of our campers received financial assistance);
- Continued to break the cycle of childhood obesity by providing the free PACE program to local families referred to us by their pediatrician;
- Hosted Family Fun Community Events including Dr. Seuss Night, Family Fun Day at Mountain Mist, Movie Night, Breakfast with Santa and free Learn About Scuba events;
- Offered free Child Watch babysitting, free babysitting for Valentine's Date Night, and free Friday Night Play Time at Exploration Station play area for our members;
- Added another preschool classroom to our newest child care center to help working families;
- Competed at the National YMCA Gymnastics Championships for the first time with our team;
- Brought the Men's Winter Basketball League back and added a Fall League;
- Offered our Rec Express program in two locations (bringing camp to inner city locations);
- Expanded program offerings to include a travel basketball team for fourth graders which went undefeated, a youth basketball camp for girls in collaboration with the Maloney Girls team, collaborated on volleyball and baseball programs, and more;
- Offered new STEM programs and summer camps;
- Helped local elementary school students have healthy brains and bodies as they participated in STEM, swimming and CrossFit Kids activities in their extended school day program;
- Served and delivered over 1100 meals on Thanksgiving Day and Christmas Day plus give toys from Santa and nonperishable food items to families who attend the dinner;
- Increased program offerings and helped promote events at the Augusta Curtis Cultural Center which is managed by the Meriden YMCA. For more highlights of our community work please visit our web site and view our Annual Report.

We have more great work planned for 2020. To continue to serve our community with the best possible programs and services and address the increase in our expenses due to the minimum wage change, some membership categories will increase effective January 1<sup>st</sup>, 2020 (please see other side). Silver Sneakers, Silver and Fit, and Renew Active memberships are not affected by this.

Did you know you could get a free month for every friend you get to join the Y? Please see Joan for details. We value you as a member and look forward to seeing you continue your healthy habits. Together we build a better community.

Merry Christmas and a Happy Healthy New Year,  
John Benigni, CEO and Steve Markoja, Branch Executive Director

**MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.**

**MERIDEN YMCA**  
110 West Main Street  
Meriden, CT 06451  
P 203 235 6386  
[www.meridenymca.org](http://www.meridenymca.org)  
[facebook.com/YMCA.Meriden](https://facebook.com/YMCA.Meriden)

**NEW BRITAIN-BERLIN YMCA**  
50 High Street  
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P 860 229 3787  
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**BERLIN YMCA**  
362 Main Street  
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**2020 Meriden YMCA Membership Prices**  
Effective January 1, 2020

Membership Type	Fee	One time joiner's fee
<b>Adult*</b> 18 years and older	\$47 per month	\$36
<b>Household*</b> Two adults and dependents up to age 18, and full time college students up to age 23	\$69	\$36
<b>One Adult Household*</b> One adult and dependents up to age 18 and full time college students up to age 23	\$57 per month	\$36
<b>Senior Adult*</b> One adult, 62 years and older	\$38 per month	\$36
<b>Senior Household*</b> Two adults, 62 years and older	\$54 per month	\$36
<b>Youth Full Member **</b> Pre-K to Grade 8	\$13 per month	\$16
<b>Student**</b> High School, or College Student with 12 credits/semester with valid college id	\$25 per month	\$16
<b>Youth Program Member</b> This is a basic membership which allows you to register for programs at the program membership rates.	\$50 per year	\$0
<b>Adult Program Member</b> This is a Basic membership which allows you to register for programs at the program membership rates.	\$80 per year	\$0
<b>Military Memberships</b> Active duty, reserves, veterans	See Joan	\$0

- A photo id is required to open a gym membership. Monthly memberships will be auto drafted out of a credit or debit card account.
- Guest passes are \$20 for adults, \$10 per child. Guests must come with a Meriden YMCA member. One guest per Meriden YMCA member. The Meriden YMCA reserves the right to limit guest pass sales.
- **Try CrossFit! Call Carrie at ext. 18 to register for our FREE trial class.**

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