## AM Snack Pack:

Monday	Tuesday	Wednesday	Thursday	Friday
Chocolate Chip	Nutrigrain Bar	Smore's	Whole Grain	Cheez It's
Crisps	and ½ cup Fruit	Backpacker Bites	Poptart and	Watermelon
Apple Slices	100% Fruit Juice –	and Applesauce	Banana	Craisins
100% Fruit Juice –	Capri Sun	100% Fruit Juice –	100% Fruit Juice –	100% Fruit Juice
Capri Sun	Non-fat Chocolate	Capri Sun	Capri Sun	– Capri Sun
Non-fat Chocolate	Milk or 1% Low	Non-fat Chocolate	Non-fat Chocolate	Non-fat
Milk or 1% Low	Fat Milk	Milk or 1% Low Fat	Milk or 1% Low	Chocolate Milk or
Fat Milk		Milk	Fat Milk	1% Low Fat Milk

Filled with whole grains, fruit, and protein options.

Lunch:

Monday	Tuesday	Wednesday	Thursday	Friday
Slice of Italy Pizza	Taco Tuesday!	Asian Popcorn	Cheeseburger on	Crispy Kickin'
Reggie's Favorite	Baked Tostito	Chicken over	a Bun	Chicken Tenders
Veggie	Scoops with Taco	Brown Rice	Sliced Carrots	with Macaroni
100% Fruit Juice –	Meat and Cheese	Broccoli Florets	Sweet n Savory	and Cheese
Capri Sun	Corn	100% Fruit Juice –	Baked Beans	Baby Carrots with
Fresh, Canned or	100% Fruit Juice –	Capri Sun	100% Fruit Juice –	Light Ranch Dip
Dried Fruit Choice	Capri Sun	Fresh, Canned or	Capri Sun	100% Fruit Juice
1% Low-fat or	Fresh, Canned or	Dried Fruit Choice	Fresh, Canned or	– Capri Sun
Non-fat Chocolate	Dried Fruit Choice	1% Low-fat or	Dried Fruit Choice	Fresh, Canned or
Milk	1% Low-fat or	Non-fat Chocolate	1% Low-fat or	Dried Fruit
	Non-fat Chocolate	Milk	Non-fat Chocolate	Choice
	Milk		Milk	1% Low-fat or
				Non-fat
				Chocolate Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Slice of Italy Pizza	Taco Tuesday!	Clucks Deluxe	Penne Pasta with	Deli Palooza
Reggie's Favorite	Baked Tostito	Chicken Nuggets	Meatballs	Deli items that
Veggie	Scoops with Taco	Mashed Potatoes	Broccoli	are on the
100% Fruit Juice –	Meat and Cheese	Sliced Carrots	100% Fruit Juice –	Summer Meals
Capri Sun	Taco Fiesta Beans	100% Fruit Juice –	Capri Sun	menu
Fresh, Canned or	100% Fruit Juice –	Capri Sun	Fresh, Canned or	
Dried Fruit Choice	Capri Sun	Fresh, Canned or	Dried Fruit Choice	
1% Low-fat or	Fresh, Canned or	Dried Fruit Choice	1% Low-fat or	
Non-fat Chocolate	Dried Fruit Choice	1% Low-fat or	Non-fat Chocolate	
Milk	1% Low-fat or	Non-fat Chocolate	Milk	
	Non-fat Chocolate Milk	Milk		

\*\*Menus are subject to change. As summer approaches go to meriden.nutrislice.com to view nutritionals and allergens