

# SUMMER 2026

## MOUNTAIN MIST AM SNACK PACK MENU



*Monday*

Strawberry  
Poptart, String  
Cheese, Capri  
Sun 100% Juice

*Tuesday*

Banana Bread,  
Raisins, Capri  
Sun 100% Juice

*Wednesday*

Cheez-It's,  
Flavored  
Raisins, Capri  
Sun 100% Juice

*Thursday*

Chocolate Chip  
Muffin,  
Applesauce,  
Capri Sun 100%  
Juice

*Friday*

Honey Wheat  
Bar, String  
Cheese, Capri  
Sun 100% Juice

**WEEK 1:**

6/22 - 6/26

7/6 - 7/10

7/20 - 7/24

8/3 - 8/7

8/17 - 8/21

*Monday*

Chocolate Chip  
Crisps, String  
Cheese, Capri  
Sun 100% Juice

*Tuesday*

Banana Bread,  
Raisins, Capri  
Sun 100% Juice

*Wednesday*

Honey Wheat  
Bar, Flavored  
Raisins, Capri  
Sun 100% Juice

*Thursday*

Chocolate Chip  
Muffin,  
Applesauce,  
Capri Sun 100%  
Juice

*Friday*

Cheez-It's,  
String Cheese,  
Capri Sun 100%  
Juice

**WEEK 2:**

6/29 - 7/3

7/13 - 7/17

7/20 - 7/24

7/27 - 7/31

8/10 - 8/14

In accordance with USDA regulations, meal modifications may be available to meet special dietary needs. For more information or translation service options, please call 203-630-4166 and ask to speak to one of our Registered Dietitians to see if your child is eligible.

**MILK OFFERED DAILY!**

This menu is subject to change based on food availability.  
This institution is an equal-opportunity employer.