AM Snack Pack:

Filled with whole grains, fruit, and protein options.

Monday	Tuesday	Wednesday	Thursday	Friday
Chocolate Chip	Strawberry	Smore's	Whole Grain	Cheez-Itz and Fresh
Crisps	Nutrigrain Bar	Backpacker Bites	Strawberry	Fruit
Applesauce	and String cheese	and Applesauce	Poptart and	100% Fruit Juice –
100% Fruit Juice –	100% Fruit Juice –	100% Fruit Juice –	Fresh Fruit	Capri Sun
Capri Sun	Capri Sun	Capri Sun	100% Fruit Juice –	Non-fat Chocolate
Non-fat Chocolate	Non-fat Chocolate	Non-fat Chocolate	Capri Sun	Milk or 1% Low Fat
Milk or 1% Low	Milk or 1% Low	Milk or 1% Low Fat	Non-fat Chocolate	Milk
Fat Milk	Fat Milk	Milk	Milk or 1% Low	
			Fat Milk	

Lunch:

Monday	Tuesday	Wednesday	Thursday	Friday
Slice of Italy Pizza	Taco Tuesday!	Asian Popcorn	Cheeseburger on	Crispy Kickin'
Reggie's Favorite	Baked Tostito	Chicken over	a Bun	Chicken Tenders
Veggie	Scoops with Taco	Brown Rice	Baked Potato	with Macaroni and
100% Fruit Juice –	Meat and Cheese	Broccoli Florets	Puffs	Cheese
Capri Sun	Corn	100% Fruit Juice –	100% Fruit Juice –	Baby Carrots with
Fresh, Canned or	100% Fruit Juice –	Capri Sun	Capri Sun	Light Ranch Dip
Dried Fruit Choice	Capri Sun	1% Low-fat or	Fresh, Canned or	100% Fruit Juice –
1% Low-fat or	Fresh, Canned or	Non-fat Chocolate	Dried Fruit Choice	Capri Sun
Non-fat Chocolate	Dried Fruit Choice	Milk	1% Low-fat or	1% Low-fat or Non-
Milk	1% Low-fat or		Non-fat Chocolate	fat Chocolate Milk
	Non-fat Chocolate		Milk	
	Milk			
Monday	Tuesday	Wednesday	Thursday	Friday
Mozzarella sticks	Taco Tuesday!	Clucks Deluxe	Penne Pasta with	Crispy Breaded
with Marinara	Baked Tostito	Chicken Nuggets	Meatballs	Chicken Drumstick
Dipping Sauce	Scoops with Taco	Sweet Potato	Broccoli	with 3 Cheese
Green beans	Meat and Cheese	Waffle fries	100% Fruit Juice –	Cavatappi Pasta
100% Fruit Juice –	Corn	100% Fruit Juice –	Capri Sun	100% Fruit Juice –
Capri Sun	100% Fruit Juice –	Capri Sun	Fresh, Canned or	Capri Sun
Fresh, Canned or	Capri Sun	Fresh, Canned or	Dried Fruit Choice	Fresh, Canned or
Dried Fruit Choice	Fresh, Canned or	Dried Fruit Choice	1% Low-fat or	Dried Fruit Choice
1% Low-fat or	Dried Fruit Choice	1% Low-fat or	Non-fat Chocolate	1% Low-fat or Non-
Non-fat Chocolate	1% Low-fat or	Non-fat Chocolate	Milk	fat Chocolate Milk
Milk	Non-fat Chocolate	Milk		
	Milk			

^{**}Menus are subject to change.