



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

The Meriden-New Britain-Berlin YMCA Reopens June 20th

The Meriden-New Britain-Berlin YMCA is reopening Saturday June 20th and is excited to welcome members back. Our reopening plan is focused on both safety and member experience.

“Many favorite activities and amenities are available in complete compliance with the Governor’s Reopening Task Force, CDC, and local health guidelines. While the YMCA may look a little different due to the new safety guidelines, our commitment to serving our community has not changed,” said John Benigni, CEO of the Meriden-New Britain-Berlin YMCA.

Our facilities will reopen in phases following all safety guidelines. Our Phase One Reopening begins Saturday June 20th.

Ten Things for Members to Know:

1. Check In Procedure

Members and staff will be screened before entering our building with questions and a temperature check. Anyone who has a temperature of 100 degrees Fahrenheit or higher will not be allowed in the facility. They will need to be fever free without fever reducing medicine for 72 hours before returning to the Y. All members must check in and out at the Welcome Center.

2. Maintaining a Healthy Environment

All YMCA front line staff will wear masks. Members must bring and wear their own mask in the facility. Masks may be taken off while 12 feet away on exercise equipment or in a group exercise class. At all other times in the facility, members must wear their mask and maintain a 6-foot distance from other members and staff. Signs with safety reminders including handwashing instructions will be throughout the facility. Additional sanitizing stations will be available. Members are required to wipe down equipment before and after using it. Members are asked to bring their own water. Bottle filling stations only are permitted.

MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN’S CHRISTIAN ASSOCIATION, INC.

MERIDEN YMCA

110 West Main Street
Meriden CT 06451
P 203 235 6386 **F** 203 634 6517
www.meridenymca.org
facebook.com/YMCA.Meriden

NEW BRITAIN YMCA

50 High Street
New Britain CT 06051
P 860 229 3787 **F** 860 225 8063
www.nbbymca.org
facebook.com/NBBYMCA

BERLIN YMCA

362 Main Street
Berlin CT 06037
P 860 357 2717 **F** 860 828 7830
www.nbbymca.org
facebook.com/BerlinYMCA



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

3. Commitment to Cleanliness

The Meriden-New Britain-Berlin YMCA is committed to maintaining a safe and clean environment. We are implementing additional stringent cleaning and disinfecting protocols throughout all areas of Y facilities and program sites.

The Y will only use products that meet the EPA's criteria for use against the virus that causes COVID-19. We will be using the Electrostatic Sprayer daily.

4. Reservations Required

Due to the new social distancing and capacity requirements, the Y is utilizing a reservation system for members to schedule time in the Fitness Center, Pool, and Group Exercise classes. Members will be able to see available schedules for each area online and call the Y to reserve their spot. Details will be shared with members prior to Saturday's opening.

5. Safe Distancing While Exercising

Equipment and participants in classes will be spread out to follow the safety guidelines and maintain safe distances. We've come up with creative solutions to best utilize the space we have at our branches, including a designated room for personal training. Group exercise classes will utilize several areas of the facility, indoors and outdoors. Photos and video will be available before the reopening to show what the facility looks like.

6. Using the Pool

Members must preregister for lap lanes and water classes, and there will be one swimmer per lane. Swimmers must shower before coming to the Y. Showers are not available in the Phase One reopening. We encourage swimmers to come dressed in their bathing suit to maximize their exercise time during their reserved time slot.

7. Come Ready to Exercise

In Phase One of the Y's reopening, Family Locker rooms will be available to use the bathroom and to change. Showers will not be permitted.

MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.

MERIDEN YMCA
110 West Main Street
Meriden CT 06451
P 203 235 6386 **F** 203 634 6517
www.meridenymca.org
facebook.com/YMCA.Meriden

NEW BRITAIN YMCA
50 High Street
New Britain CT 06051
P 860 229 3787 **F** 860 225 8063
www.nbbymca.org
facebook.com/NBBYMCA

BERLIN YMCA
362 Main Street
Berlin CT 06037
P 860 357 2717 **F** 860 828 7830
www.nbbymca.org
facebook.com/BerlinYMCA



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

We encourage members to come dressed to exercise to maximize their reservation time. Please leave personal belongings, gym bags and sweat towels at home.

8. Register for Summer Camp

Mountain Mist Day Camp opens June 22nd. Online registration is available. Camp scholarships are available for those who qualify. Please visit our web site for details at meridenymca.org.

9. Payments and Questions

Our Welcome Center will be open. We encourage members to register for camp online, and call or email us with any camp, programs, membership or other questions. If you need to come to the Y in person to talk to Welcome Center staff, you will go through the health check before being allowed to enter the building. One person will be allowed at a time at the Welcome Center.

10. No Guests or Visitors

Only Meriden-New-Britain-Berlin YMCA members and staff will be allowed in the buildings. No guests, visitors, or members from other Y branches will be allowed at this time due to safety and capacity guidelines.

More information will be sent to members prior to the opening. Thank you for staying with the Y. We remain committed to doing all we can to meet the needs of our community.

For more information call the Meriden YMCA at (203) 235-6386 or visit meridenymca.org or the New Britain YMCA at (860) 229-3787 or visit nbbymca.org.

MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.

MERIDEN YMCA

110 West Main Street
Meriden CT 06451

P 203 235 6386 F 203 634 6517

www.meridenymca.org

facebook.com/YMCA.Meriden

NEW BRITAIN YMCA

50 High Street
New Britain CT 06051

P 860 229 3787 F 860 225 8063

www.nbbymca.org

facebook.com/NBBYMCA

BERLIN YMCA

362 Main Street
Berlin CT 06037

P 860 357 2717 F 860 828 7830

www.nbbymca.org

facebook.com/BerlinYMCA