



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FIND YOUR SWIM FAMILY MNBB YMCA SEALS



The Meriden-New Britain-Berlin YMCA Seals Swim Team is designed to provide all swimmers with the opportunity to be a part of a team, to compete and most importantly have fun!

Boys and girls ages 5-19 with the ability to swim one lap of the pool without stopping are welcome. For the more competitive swimmers we also give the opportunity to compete in more meets by offering USA swimming in addition to the YMCA meets.

Practice begins August 10 for our USA Team and September 10 for our YMCA team. Both practices immediately follow our Swimming Boot Camp. We offer ongoing registration. Flexible payment options are available with automatic monthly payments.

Swim team membership also includes the opportunity for dry land training, sports nutritional info and team building activities. Make new friends and enjoy team activities such as movie nights, pizza parties, pasta dinners, team banquet, team picnic and holiday parties. All new swimmers must have an assessment done by the coach to determine the appropriate swim group for the swimmer.

If you have any questions or would like to have an assessment done please call Cathy the Aquatic Director at 203-440-1870 or email at clewis@meridenymca.org. We look forward to swimming with you! USA Registration is required for USA Team.

Weddell & Spotted Seals (YMCA Team) Seasonal team

Weddell Seals (Pre-Competition/Beginner Level, Ages 8 and under)
Spotted Seals (Developmental Competition Level, Age 9-12)
Monday, Tuesday & Thursday 5:30 – 6:30 p.m. at Maloney High School
Wednesdays 5:30 – 6:30 p.m. at Meriden YMCA
Registration: \$625 for the season

Harbour Seals (USA Team - registration encouraged) Year-round team

Intermediate Competition Level, Ages 7-12
Monday, Tuesday & Thursday 5:30 – 7:00 p.m. at Maloney High School
Wednesday 5:30 – 7:00 p.m. & Friday 4:30 – 6:00 p.m. at Meriden YMCA
Registration Fee: \$154 a month

Harbour Elites (USA registration required) Year-round team

For elite younger swimmers with that competitive edge, Ages 7-13
Monday & Thursday 6:30 – 8:30 p.m. at Maloney High School
Tuesdays 6:30 – 8:30 p.m. at Maloney High School
Wednesdays 6:30 – 8:30 p.m. at Meriden YMCA
Fridays 4:30 – 6:30 p.m. at Maloney High School
Sundays 8:00 – 10:00 a.m. at Maloney High School
Registration is \$167 per month

Leopards (USA Team - registration required) Year-round team

Advanced Competition Level, Ages 13-19
Monday, Tuesday, Thursdays, 6:30-8:30 p.m. & Sundays 8:00 a.m. to 10:00 a.m. at Maloney High School
Wednesdays 6:30 – 8:30 p.m. at Meriden YMCA
Fridays 4:30 – 6:30 p.m. at Maloney High School
Registration Fee: \$179 per month

MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.

MERIDEN YMCA

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