



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Flip For Fran

Date: February 11th & 12th
Location: Lakewood-Trumbull YMCA
20 Trefoil Dr, Trumbull, CT 06611
Spectator Fee: \$8 adult/\$5 Children
Parking: Carpooling encouraged as our parking lot is limited
Concessions: Breakfast, coffee, snacks, hot pizza, soda, water
Awards: Top ½ of each age group, regionals age determination date

Sessions:

Saturday, February 11th

Session 1- Level 2, XB

Warmup 8:00am
Competition Start 8:30am

Session 2- Level 3, XS

Warmup 11:30am
Competition Start 12:00pm

Session 3- Level 4 & 5

Warmup 3:30pm
Competition Start 4:00pm

Sunday, February 12th

Session 4- Level 6,7,8, XG, XP, XD

Warmup 8:00am
Competition Start 8:30am

*Face Painting at meet: Please arrive early if you would like to get it done for competition.

MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.

MERIDEN YMCA

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