



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Meriden and Berlin YMCA Before and After School Care Frequently Asked Questions

What are the program hours and days?

Meriden AM Care: 6:45 AM to 8:55 AM

Meriden PM Care: 3:25 PM to 5:30 PM

Berlin AM Care: 7:00 a.m. to school start

Berlin PM Care: School Dismissal to 5:30 p.m.

Program is for 5 days a week only. Half days are available to those in the PM program only.

If there is a school delay the AM program will start one hour later than normal. If school is closed early due to weather, PM care will close at 4:00 PM.

What guidelines are the Meriden and Berlin YMCA Before and After School Care programs following to plan for this school year?

The Meriden-New Britain-Berlin YMCA Before and After School programs are following all of the guidelines and requirements from federal, state, and local governments and school boards as well as the YMCA including: the Center for Disease Control (CDC), Connecticut Office of Early Childhood (OEC), State of Connecticut Department of Public Health, and YUSA.

How will Before and After School Care be set up to follow the new COVID-19 safety guidelines?

- Approved for the site licensed number of children by Office of Early Childhood
- The anticipated start date will be the first day of school.
- Groups of children ages 5 to 12 following CDC guidelines of enhanced social distancing.
- Each group size can be maximum of 14 children.
- Areas of cafeteria/gym or media center will be split into quadrants and each group of 14 or less will occupy that space throughout the program with their own supply bin and staff.
- All groups will follow a revised daily schedule, allowing activities to be done indoors and outdoors.
- CDC guidelines ensuring student and staff groups are as static as possible
- This program meets the current CDC guidelines of protecting children and staff

MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.

MERIDEN YMCA

110 West Main Street
Meriden CT 06451

P 203 235 6386 **F** 203 634 6517

www.meridenymca.org

facebook.com/YMCA.Meriden

NEW BRITAIN YMCA

50 High Street
New Britain CT 06051

P 860 229 3787 **F** 860 225 8063

www.nbbymca.org

facebook.com/NBBYMCA

BERLIN YMCA

362 Main Street
Berlin CT 06037

P 860 357 2717 **F** 860 828 7830

www.nbbymca.org

facebook.com/BerlinYMCA



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

- This plan is subject to change based on any new or additional guidelines from CDC or OEC.

What is required of the staff to keep the students safe?

- All staff will wear masks.
- All staff will have temperature taken before children arrive meeting the current CDC guidelines of implementing screenings safely, respectfully as well as in accordance with any applicable privacy laws or regulations.
- Staff will be instructed and trained on the current and proper cleaning and sanitizing method meeting the current CDC guidelines of intensifying cleaning, disinfection and ventilation.
- Staff will have access to and wear the necessary PPE throughout the AM and PM, as well as wash hands, covering coughs and sneezes, etc. meeting the current CDC guidelines of promoting healthy hygiene practices.
- Staff will interact with assigned group meeting the current CDC guidelines of ensuring that student and staff groups are as static as possible by having the same staff work with the same group of children all day.

What is expected of students?

- All students will have temperature taken upon arrival and will need to have masks on while in the building, meeting the current CDC guidelines of implementing screenings safely, respectfully as well as in accordance with any applicable privacy laws or regulations.
- Students will be instructed and trained on the current and proper sanitizing, movement and social distancing methods.
 - Meeting the current CDC guidelines of intensifying cleaning, disinfection and ventilation
 - Meeting the current CDC guidelines of promoting healthy hygiene practices
- Students will be instructed and directed on expected program behavior. Students will be assigned groups/area and will remain there each day.
- Meeting the current CDC guidelines of protecting children and staff.

What are the cleaning and sanitizing procedures?

- Meeting the current CDC guidelines of promoting healthy hygiene practices and intensifying cleaning, disinfection and ventilation
- Cleaning equipment will be located throughout the program

MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.

MERIDEN YMCA
110 West Main Street
Meriden CT 06451
P 203 235 6386 **F** 203 634 6517
www.meridenymca.org
facebook.com/YMCA.Meriden

NEW BRITAIN YMCA
50 High Street
New Britain CT 06051
P 860 229 3787 **F** 860 225 8063
www.nbbymca.org
facebook.com/NBBYMCA

BERLIN YMCA
362 Main Street
Berlin CT 06037
P 860 357 2717 **F** 860 828 7830
www.nbbymca.org
facebook.com/BerlinYMCA



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

- Hand sanitizer will be at each program site, in each group
- Visual signs everywhere at program as a REMINDER to wash hands, keep each other safe from germs, and keep program area clean
- Equipment will be cleaned before, during and after use
- Custodial staff will also be made aware of group bathroom usage for additional cleaning/sanitizing

What happens if someone gets sick?

- Meeting the current CDC guidelines of monitoring and preparing
- Programs will have at minimum one staff member present at all times who is first aid/cpr trained as well as properly trained in administration of medication
- All program groups will be equipped with First Aid Kits
- Nurse will utilize tele-health and facetime procedures and will visit the sites.
- Children will be isolated to an isolation area within the center with a staff member, should the child begin to develop signs and symptoms of illness and parents will be expected to pick up their child within one hour.
- Childhood illnesses will still occur. Children and staff who develop a fever will not be permitted to return to before and after care until they are fever free for 24 hours without the use of acetaminophen (Tylenol, Motrin, Advil, fever reducers).
- Should a child or staff member develop signs and symptoms related to COVID-19 and a fever will not be permitted to return to before and after care until fever free for 24 hours without the use of acetaminophen. We will adhere to strict illness policies for the safety of all children and staff at the Y and consult with local and state health departments when necessary and as questions arise.

Will students be required to wear masks?

- Students are required to follow all policies from the Meriden Board of Education. Here is the link to the [Reopening Plan](#).
- Here is the information about the use of Face Covering, Masks, and Face Shields from the Reopening Plan:
 - All students and staff will use a mask that covers their mouth and nose in all Meriden Public School buildings
 - Exceptions follow CDC guidance
 - MPS has masks for any student or staff who does not have one.

MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.

MERIDEN YMCA

110 West Main Street
Meriden CT 06451

P 203 235 6386 **F** 203 634 6517

www.meridenymca.org

facebook.com/YMCA.Meriden

NEW BRITAIN YMCA

50 High Street
New Britain CT 06051

P 860 229 3787 **F** 860 225 8063

www.nbbymca.org

facebook.com/NBBYMCA

BERLIN YMCA

362 Main Street
Berlin CT 06037

P 860 357 2717 **F** 860 828 7830

www.nbbymca.org

facebook.com/BerlinYMCA



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

How will AM Care work?

Arrival

- AM drop off will be at assigned door. Parent will call YMCA phone, staff will come to door, take child's temperature. Parent, child and staff all wearing masks.
- Parents will be required to answer questions on temperature form prior to child coming in, staff will complete the form.
- **Parents will not be allowed into building**
- Staff will fill in child's temperatures daily and initial
- Staff and children with fevers 100+ will be sent home, the school will be notified.

AM Care Program

- Once signed in, children will proceed to wash/sanitize hands and go to their designated group area.
- Staff and students will be wearing masks during program. Meeting the current CDC guidelines of monitoring and maintaining healthy operations.
- Group size of 14 maximum.
- Groups of 14 will be assigned a designated space with staff and that space will be the same daily.
- Each group will have their own supply box including recreational equipment such as balls, hula hoops and also art supplies. Each student will have their own pencil box with crayons, pencils, etc.
- Each group will have its own bottles of hand sanitizer for use before and after all activities in addition to taking trips to bathroom for hand washing.

How will PM Care work?

PM Arrival

- PM arrival will be at school dismissal and child's temperature will be taken at arrival into YMCA program in their assigned group/area.
- Staff will fill out temperature form and sign child in.
- Students will proceed to wash/sanitize hands.

MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.

MERIDEN YMCA

110 West Main Street
Meriden CT 06451

P 203 235 6386 **F** 203 634 6517

www.meridenymca.org

facebook.com/YMCA.Meriden

NEW BRITAIN YMCA

50 High Street
New Britain CT 06051

P 860 229 3787 **F** 860 225 8063

www.nbbymca.org

facebook.com/NBBYMCA

BERLIN YMCA

362 Main Street
Berlin CT 06037

P 860 357 2717 **F** 860 828 7830

www.nbbymca.org

facebook.com/BerlinYMCA



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

- Staff and children with fevers 100+ will be called to be picked up to go home. Designated classroom for isolation area for those children who have temp or display signs of illness at program. The school will be notified.
- Can only return after being fever-free for over 24 hours.
- Meeting the current CDC guidelines of monitoring and maintaining healthy operations.

PM Program

- Group size 14 maximum
- Groups of 14 will be assigned and dismissed to a designated space within the cafeteria or gym. Temperatures will be taken as children come to program.
- Each group will have their own supply box including recreational equipment such as balls, hula hoops and also art supplies. Each student will have their own pencil box with crayons, pencils, etc.
- Weather permitting, we will be outside in groups and children will be able to be mask free outside.
- Each group will have its own bottle of hand sanitizer for use before and after all activities (in addition to taking trips to bathroom for hand washing).

PM Dismissal

- Parent/Guardian will call YMCA phone# on door. Pick up person will need to identify who they are and who they are there to pick up.
- Staff will bring travel book to door to verify person is on the pickup list and check photo ID.
- Staff will have child and all their belongings brought to the door.
- Staff will sign the child out.
- Meeting the current CDC guidelines of monitoring and maintaining healthy operations.

MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.

MERIDEN YMCA

110 West Main Street
Meriden CT 06451

P 203 235 6386 **F** 203 634 6517

www.meridenymca.org

facebook.com/YMCA.Meriden

NEW BRITAIN YMCA

50 High Street
New Britain CT 06051

P 860 229 3787 **F** 860 225 8063

www.nbbymca.org

facebook.com/NBBYMCA

BERLIN YMCA

362 Main Street
Berlin CT 06037

P 860 357 2717 **F** 860 828 7830

www.nbbymca.org

facebook.com/BerlinYMCA