



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Annual Shutdown Week August 25 – September 2nd

The Meriden YMCA will be closed Sunday August 25th through Labor Day September 2nd for our Annual Shutdown Week for cleaning and improvements.

The Meriden YMCA at 110 West Main Street will be closed.

Full privilege members may use other Y locations:

- The New Britain YMCA (Fitness is open 24/7)
- Full privilege members may also use area YMCAs. Please call ahead to check schedules and bring your membership card and photo i.d. with you.

CrossFit Meriden members: Classes will run on the regular schedule.

The Meriden YMCA Mountain Mist Outdoor Center will be open for full Meriden YMCA members.

- Monday – Friday 2:00 – 8:00 p.m.
- Saturday 10:00 a.m. – 8:00 p.m.
- Sunday and Labor Day 12:00 p.m. to 8:00 p.m.

Front Desk Hours during Shutdown Week:
August 26 – August 30, 9:00 a.m. to 4:00 p.m.

Fall Program Registration:

- Register online at www.meridenymca.org
- Register by phone or in person during our business hours.

MERIDEN YMCA

110 West Main Street Meriden, CT 06451

P 203-235-6386 **F** 203-634-6517

www.meridenymca.org

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