



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## **Meriden YMCA Holiday Schedule**

### **December 24<sup>th</sup>**

No group ex classes  
CrossFit - AM & and 12:15 PM classes  
Close at 2:00 PM

### **December 25<sup>th</sup>**

Closed for the holiday  
Annual Community Christmas Dinner served at 12:00 PM

### **December 31<sup>st</sup>**

No group ex classes  
CrossFit - AM & and 12:15 PM classes  
Close at 2:00 PM

### **January 1<sup>st</sup>**

Open 8:00 AM – 2:00 PM  
110 West Main - No group exercise classes

### **January 2<sup>nd</sup>**

Back to regular schedule  
Winter programs begin



#### **MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.**

##### **MERIDEN YMCA**

110 West Main Street  
Meriden CT 06451  
P 203 235 6386 F 203 634 6517  
[www.meridenymca.org](http://www.meridenymca.org)  
[facebook.com/YMCA.Meriden](https://facebook.com/YMCA.Meriden)

##### **NEW BRITAIN**

50 High Street  
New Britain CT 06051  
P 860 229 3787 F 860 225 8063  
[www.nbbymca.org](http://www.nbbymca.org)  
[facebook.com/NBBYMCA](https://facebook.com/NBBYMCA)

##### **BERLIN YMCA**

362 Main Street  
Berlin CT 06037  
P 860 357 2717 F 860 828 7830  
[www.nbbymca.org](http://www.nbbymca.org)  
[facebook.com/BerlinYMCA](https://facebook.com/BerlinYMCA)