



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Mountain Mist Day Camp Hot Lunch Program

Dear Parents/Guardians,

Below is the hot lunch menu for the 2016 camp season. The hot lunch program is optional and is an additional fee. **The fee is \$40 for an entire session.** However, there will be **NO hot lunch the first and last day of a session. A lunch will need to be brought from home on the first day of the session.**

When purchasing hot lunch, you **MUST** purchase it for the entire two week session. One week and individual days are not permitted. Please have your son or daughter choose what he/she would like for lunch each day and circle his/her choices. All hot lunches are made fresh everyday by the head chef at the Meriden YMCA Martin Gaffey Childcare Center. All hot lunches include a snack, fresh fruit and a juice.

Please return the hot lunch form attached along with your payment of \$40 in the form of either cash or a check made payable to Meriden YMCA no later than the first day of a session to either the downtown Meriden YMCA or to your son/daughter's counselor in an envelope with your child's name on it. If you would like to sign up for the hot lunch program for more than one session, please fill out one form per session.

If you have any questions, please feel free to contact the camp office at 203-237-7864 or at the downtown YMCA at (203) 235-6386 ext. 26.

Thank you,

Tom Oliveira, Mountain Mist Day Camp Director

MOUNTAIN MIST DAY CAMP
576 High Hill Road, Meriden, CT 06450
P 203 237 7864
facebook.com/YMCA.Meriden

MERIDEN YMCA
110 West Main Street, Meriden, CT 06451
P 203 235 6386 F 203 634 6517
www.meridenymca.org



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Mountain Mist Day Camp Hot Lunch Menu

Session: _____ (please write session 1, 2, 3, 4, 5)

Camper's Name: _____

Camper's Village: _____

(Teepee, Pioneer, Discoverer, Explorer, Adventurer, Navigator, C.I.T., Specialty)

If you would like to sign up for the hot lunch program for more than one session, please fill out one form per session.

Please circle one choice per day.

Week One		
Tuesday	Chicken Nuggets	<u>or</u> Peanut Butter & Jelly
Wednesday	Ziti	<u>or</u> Peanut Butter & Jelly
Thursday	Grilled burgers & hot dogs	<u>or</u> Peanut Butter & Jelly
Friday	Pizza Sticks	<u>or</u> Peanut Butter & Jelly
Week Two		
Monday	Mac & Cheese	<u>or</u> Peanut Butter & Jelly
Tuesday	Chicken Patty	<u>or</u> Peanut Butter & Jelly
Wednesday	Grilled burgers & hot dogs	<u>or</u> Peanut Butter & Jelly
Thursday	Meatball Grinder	<u>or</u> Peanut Butter & Jelly

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