



Meriden YMCA

**Make 2010 The Year You Change.
Your Outlook. Your Health. Your Life.**

It all begins with the Meriden YMCA

- Fitness, Family, Fun, Friends, Community
- **FREE** Family Events
- **FREE** Fitness Classes
- Everyone is Welcome
- Financial Assistance Available.

**Open New Year's Day,
8AM to 2PM**
Y... because you matter.



Meriden YMCA
203-235-6386
ONE FREE MONTH
off a NEW one-year
family or adult
membership.
Expires 1/30/10



Meriden YMCA
203-235-6386
NO JOINERS FEE
with NEW one-year
family membership.
Expires 1/30/10



Meriden YMCA
203-235-6386
\$10 OFF
a \$100 Gift
Certificate for
Membership
Expires 1/30/10



Meriden YMCA
203-235-6386
1 FREE MONTH
& No Joiners Fee
when you join with a
Friend
*New one-year adult
membership. Expires 1/30/10*



Meriden YMCA
203-235-6386
\$20 OFF Total
when you sign-up
for 3 Winter Session
Classes
Expires 1/30/10



Meriden YMCA
203-235-6386
Save \$30 per child
for 2010 Mountain
Mist Day Camp
Registration
Expires 1/30/10

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Coupons also available at www.meridenymca.org

Please See Our Winter Programs On Other Side!